

## Overview

At Planned Parenthood, we work to ensure that every individual has the knowledge, opportunity and freedom to make informed, private decisions about reproductive and sexual health. We believe that parents are the foundation for effective sex education.

According to the *With One Voice 2004* survey, a majority of teens agree that it would be easier to delay sexual activity and avoid pregnancy if they could have open, honest conversations about sexuality with their parents.

Yet often parents are uncomfortable talking with their children about sex. Parents worry that they are going to say the wrong thing or give their child information too soon. Often times this discomfort leads to conversations that are awkward, happen too late, or don't happen at all.

This workshop is designed to give parents a model for creating beneficial, open and honest conversations about sexuality no matter the age of their children.

## Objectives

Parents who attend "Talking With Your Children About Sex" receive:

- Guidelines for age-appropriate sex education, from birth through the teen years
- Methods to communicate effectively about sexuality, including puberty, sex, dating and values
- Strategies for responding to difficult questions and uncomfortable situations
- Ways to make the most of the "teachable moments" encountered in everyday life
- Tools to prepare children to make positive decisions
- An opportunity to share personal experiences with other parents and learn from one another's successes

## Information

We offer our education programs in and around the Kansas City Metro area; Wichita, KS; Columbia, MO; and Jefferson City, MO. In some cases we are able to travel to communities outside of these areas.

If your group or organization would like to host a workshop, or if you'd like to host a workshop in your home, please contact the education staff person closest to your area to schedule.

Although "Talking With Your Children About Sex" is offered free of charge, we request donations to support our quality education programs.

Please send donations to:  
PPKM Education  
4401 W. 109th Street, Ste. 200  
Overland Park, KS 66211

Or contribute via our secure online donations page at [www.ppkm.org](http://www.ppkm.org)

## Planned Parenthood offers a comprehensive sex education curriculum

### Presentations are:

- Designed to give people the tools and information they need to make informed, healthy decisions about relationships and their sexual health;
- Interactive to allow audience members the opportunity to learn and have their questions answered;
- Customized to be age-appropriate for each group;
- Available at low or no cost to individuals and organizations.

### Our Mission

To ensure every individual has the knowledge, opportunity and freedom to make informed, private decisions about reproductive and sexual health.

For more information or to schedule a presentation, contact us:

#### In Kansas City:

##### **Amanda Sheridan**

Butterworth Teen Pregnancy Prevention Program ~  
913.312.5100 x254  
[KCEducation@ppkm.org](mailto:KCEducation@ppkm.org)

#### In Columbia:

**Viannella Halsall**  
Bilingual Community Educator  
913.312.5100 x262  
[BilingualEducation@ppkm.org](mailto:BilingualEducation@ppkm.org)

#### In Wichita:

##### **Elise Link-Taylor**

Education & Outreach  
Coordinator ~ 573.443.0427  
[ColumbiaEducation@ppkm.org](mailto:ColumbiaEducation@ppkm.org)

#### In Wichita:

##### **Darcy Weaver**

Education & Outreach  
Coordinator ~ 316.761.0175  
[WichitaEducation@ppkm.org](mailto:WichitaEducation@ppkm.org)

Planned Parenthood is a nonprofit organization. Donations and stipends enable us to continue offering quality education services.

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# Talking with Your Children About Sex

 **Planned Parenthood**  
of Kansas and Mid-Missouri

**Education Programs**

[www.ppkm.org](http://www.ppkm.org)