

## Workshop recommended for boys in 4<sup>th</sup>–6<sup>th</sup> grades\*

### Body Image and Masculinity

Examine images of men in the media and the impact of those images on self-esteem. Explore together ways to counter the negative effects of the media's focus on a narrow definition of masculinity.

### Puberty

Learn about the emotional and physical changes that occur during puberty. Discuss how to handle these changes.

### Communication & Decision Making

Create solid ground to begin communicating about values and sexuality in an age-appropriate manner. Identify potential risks adolescents face and talk about making positive decisions.

\*Age ranges are a recommendation only — parents should determine which workshop is most appropriate for their child.

**Please contact us or visit  
[www.ppkm.org](http://www.ppkm.org) for our latest  
workshop schedule.**

Studies show that teens find it easier to delay sexual activity and avoid pregnancy if they're able to talk openly and honestly with parents.

These workshops are designed to give boys, grades 4 through 6, along with their parents (or other central adults), an opportunity to jointly explore age-appropriate issues related to sexuality.

Exploring these topics together promotes open communication between boys and their parents, which increases and improves their conversations about sex.

## Upcoming Workshops

Date:

Time:

Place:

All workshops are offered **free** of charge; donations are accepted to help offset expenses.

### Interested in hosting a workshop at your location?

Please contact the PPKM Education department nearest you:

**In Kansas City** ~ 913.312.5100  
PPKMEducation@ppkm.org

**In Wichita** ~ 316.761.0175  
WichitaEducation@ppkm.org

**In Columbia** ~ 573.443.0427  
ColumbiaEducation@ppkm.org

## Planned Parenthood offers a comprehensive sex education curriculum

### Presentations are:

- Designed to give people the tools and information they need to make informed, healthy decisions about relationships and their sexual health;
- Interactive to allow audience members the opportunity to learn and have their questions answered;
- Customized to be age-appropriate for each group;
- Available at low or no cost to individuals and organizations.

### Our Mission

To ensure every individual has the knowledge, opportunity and freedom to make informed, private decisions about reproductive and sexual health.

For more information or to schedule a presentation, contact us:

#### In Kansas City:

##### **Amanda Sheridan**

Butterworth Teen Pregnancy  
Prevention Program ~  
913.312.5100 x254  
[KCEducation@ppkm.org](mailto:KCEducation@ppkm.org)

#### In Columbia:

**Viannella Halsall**  
Bilingual Community Educator  
913.312.5100 x262  
[KCEducation@ppkm.org](mailto:KCEducation@ppkm.org)

#### In Wichita:

##### **Elise Link-Taylor**

Education & Outreach  
Coordinator ~ 573.443.0427  
[ColumbiaEducation@ppkm.org](mailto:ColumbiaEducation@ppkm.org)

#### In Wichita:

##### **Darcy Weaver**

Fugate Education & Outreach  
Coordinator ~ 316.761.0175  
[WichitaEducation@ppkm.org](mailto:WichitaEducation@ppkm.org)

Planned Parenthood is a nonprofit organization. Donations and stipends enable us to continue offering quality education services.

Please send donations to:  
PPKM Education  
4401 W. 109<sup>th</sup> Street, Ste. 200  
Overland Park, KS 66211

Or contribute via our secure online donations page at [www.ppkm.org](http://www.ppkm.org)



## Parent & Son Workshop

 Planned Parenthood  
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